

Puget Sound Quarterly

VOLUME 10 NUMBER 3

EARLY SUMMER 1987



ONCOLOGY NURSING SOCIETY

FROM THE EDITOR TO THE READERS:

I have been asked to clarify and comment upon Cancer Control research and how it applies to nursing. This is an exciting area of research that I feel may greatly impact nursing research. Nurses now have an opportunity to participate through federally funded mechanisms and gain support for their ideas and their research topics. The area of Cancer Control research is still in its fledgling state. The government has decreed that it shall be a primary area for research but clear mechanisms and definitions about how this will be done have not been totally worked out. What is known is that large cooperative group research bases such as the Southwest Oncology Group (SWOG) offer an active mechanism for nursing participation through an established nursing research committee. This committee allows nurses to have peer review and statistical support for proposals. I personally feel that nurses in the Pacific Northwest have a marvelous opportunity to participate through this mechanism. Some of what is to follow outlines that.

Another opportunity that exists is to respond to RFAs in Cancer Control that appear in NCI publications and seek individual grants. The article by June Strickland, Ph.D. outlines how nurses might go about seeking funding opportunities to support their own research. I feel that we are our own best resource. Collectively or individually we can make a difference in the area of Cancer Control research. I welcome any feedback or questions in this process.

Meredith Dawson, RNMA

CANCER CONTROL: WHAT IS IT AND WHY NOW?

Meredith Dawson, RN, MA
Virginia Mason Medical Center

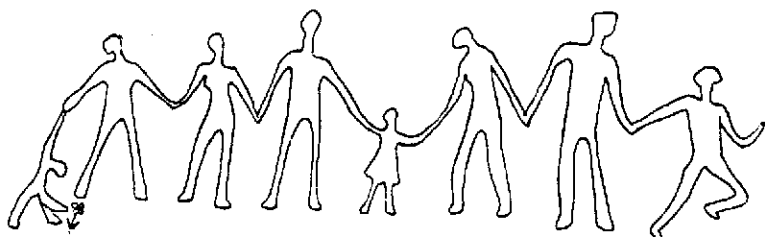
The best way I have of explaining Cancer Control research is through an already established mechanism created by the Southwest Oncology Group. There are certainly other ways to participate in cancer control studies, either through other established research bases or by responding to requests for proposals that are put through the NCI or NIH.

The National Cancer Institute has established the goal to reduce cancer mortality by 50% by the year 2000. How to achieve this goal is the function of the Cancer Control Program.

WHAT EXACTLY IS CANCER CONTROL?

Cancer Control, as defined by the National Institutes of Health, is: "The reduction of cancer incidence, morbidity and mortality through an orderly sequence from research on interventions impacted to define populations through the broad systematic application of research results." Cancer Control research programs are classified into five phases representing this orderly progression: Phase I, hypothesis development; Phase II, methods development and testing; Phase III, controlled intervention trials to establish cause and effect relationships; Phase IV, research in defined human populations; Phase V, demonstration in implementation studies.

The Southwest Oncology Group established a Cancer Control Committee, September, 1986, chaired by Dr. Frank Meyskens. This committee has served to review protocols and establish some guidelines for the submission of Cancer Control protocols to the group. SWOG submitted specific Cancer Control concept sheets to the National Cancer Institute, 13 of which were approved by the NCI and the



Southwest Oncology Group, 22 needed further evaluation. Four of these programs may be ready for implementation by September of 1987.

Cancer Control concepts have been further divided by the Southwest Oncology Group into three types. Type A is a protocol with a major or sole Cancer Control research question. Type B is a protocol which is primarily a Cancer Control research question, but is clearly related to one disease. Type C are protocols in which the cancer control is a secondary feature to a treatment oriented study. In the Southwest Oncology Group system, these protocols will either originate through the Cancer Control Research Committee or will be designed and implemented through the Disease Committees that are already in existence. Certainly wading through the maze of SWOG committees can be baffling if one has not had prior exposure, however a structure does exist for the new researcher. SWOG has an active Nurse Oncology Committee, chaired by Marilyn Davis, R.N., M.S. and a Nurse Research Subcommittee chaired by Kathy Govia, R.N.P. It is suggested that interested nurses contact Kathy Govia (503) 661-1202 ex. 2789, or Marilyn Davis regarding membership to these committees or to attend the semi-annual meeting for the Southwest Oncology Group and attend the Nurse Plenary Session and the Nursing Research Committee Meeting. The next Southwest Oncology Group meeting will be held in Columbus, Ohio in September. It is anticipated that a portion of the Plenary Session will be devoted to the issue of Cancer Control Research.

Specific areas of Cancer Control research to consider are the areas of prevention, early detection utilizing methodologies around tumor markers and other early detection techniques, management, continuing care which includes pain management, rehabilitation and home care. A recent publication of the NCI, NCI Monographs (Number 1, 1986) published by the Journal of the National Cancer Institute outlines the recommended actions for meeting the cancer prevention treatment objectives. Actions cited are public education, professional education, intra-institutional strategies, standard setting and fiscal practices. This particular publication targets and outlines the goal of the cancer prevention and detection program and suggests ways in which groups might approach this. It is available through the NCI by writing the U.S. Government Printing Office and requesting stock #017-042-00190-1. Cost is \$8.50; checks are made payable to: Superintendent of Documents; and mailed to Superintendent of

Documents, U.S. Government Printing Office, Washington, D.C. 20402.

I think that we are at a very exciting time in our clinical practices. Now, for the first time the Federal Government supports prevention and education by creating funded programs to address these issues. The capability to do funded research, not merely create the programs, and to carry it out, is key to the success of these programs. Involvement by nurses at all research levels can bring a dimension of practicality to this arena. The whole medical team must work together to facilitate this process because it must be done effectively, efficiently and economically.

Other community opportunities exist for participating in Cancer Control Programs through the Community Clinical Oncology Programs. There are two funded CCOPs in the Pacific Northwest. One is the Virginia Mason CCOP and the other is Northwest Washington CCOP in Tacoma. The CCOP program will be renewed June 1, 1987. The CCOPs are required to include Cancer Control Research in their programs by fulfilling the following research initiatives: 1) support Cancer Control research in the community; 2) provide an operational base for the extension of cancer control efforts in early detection, prevention, screening, pre-treatment evaluation, treatment continuing care and rehabilitation; 3) involve primary care providers and other specialists in Cancer Control studies early in the course of the clinical treatment; 4) increase involvement of minority and underserved populations in clinical research. Nurses who work at any institutions who are participants with the CCOP or involved with any major research base such as the Southwest Oncology Group have built-in opportunities to participate in these programs.

Four Cancer Control protocols currently exist through the Southwest Oncology Group. Two of these programs have nurses as principal investigators. These are: SWOG 8633, Locus of Control, Desire for Control, and Preference for Information in Patients with Cancers of the Head and Neck: A Pilot Study, Investigators Darlene W. Mood, Ph.D. and Jeanne Parzuchowski, M.S., R.N.; and SWOG 8313, Multiple Drug Adjuvant Chemotherapy for Patients with ER - Stage II carcinoma of the Breast, Phase III - Quality of Life Assessment, Principal Investigator, Kathy Govia, R.N.P. SWOG 8633 is highlighted by Ryan Iwamoto, C.N.S. in a subsequent article in this newsletter. ●●

TALKING TURKEY:
PREVENTING GRANT PROPOSAL REJECTION

C. June Strickland, R.N., Ph.D.
Director of Education, Nursing VMMC
Former member of the faculty in Health Education, University of Washington, Seattle, Washington

Most material about grant writing starts with an emphasis on the unique idea. And how exciting that fever of creativity is! The adrenalin flows; the heart pounds and the head races. You wonder, "How can I fly like an eagle and talk turkey, too." But talk turkey you must. This is when nurses excel. We have been socialized to think clearly, logically, and concisely. We must call upon this skill to translate the research dream into a reality.

In discussing prevention of proposal rejection, my intent is to provide you with an understanding of some of the reasons for rejection, as well as strategies for prevention. In addition, I will note a major resource to get you on your way. Timeliness of the study, soundness of the design, and professional networking are key elements to success.

One of the major reasons given for proposal rejection is that the problem is deemed unlikely to contribute new and valuable information. This often occurs when the idea is new, novel, and outside the mainstream of current thought. In essence, the work is not considered timely because it is behind or ahead of its time. To prevent the former problem, conduct a thorough literature search and link with other researchers; to prevent the latter, be patient. Take your time; plant seeds of your idea with mainstream thinkers. Develop your idea out of the context of the mainstream literature. Devise a creative introduction to entice the reader. Focus on the consequences and the numbers affected.

Lack of a sound design is another reason given for proposal rejection. This speaks to the clarity of the methodology. It's easy to become myopic when developing a proposal. Seek consultation; visit similar projects. Have your proposal reviewed by a number of audiences. Match your skills to the task and if necessary, link with another investigator. Work all pieces of the proposal simultaneously to ensure a conceptual translation to the real world.

Failure to cite relevant literature, inadequacies of the investigator, problems with design and also timeliness are also related to the networking issue. Nurses are socialized to an egalitarian value system and often shun the importance of networking. Networking, however, serves a very useful purpose in the learning process. For example, it is helpful to contact an investigator who has been successful in writing a grant for the agency to which you are applying. Visit projects; make phone calls. Attend professional conferences. Ask mainstream researchers to review your work and provide feedback.

In summary, grant writing is a time consuming task, fraught with risks. Rejection may be prevented by gaining an understanding of the reasons for rejection and formulating strategies. It's also important to keep the work in perspective. As noted by Fuller (1982), if you haven't been rejected at least once, you probably haven't tried. The following comments are of value in thinking about the pink slip according to Fuller:

If it's unjustified, ignore it.
If it's unfair, discount it.
If it's ignorant, laugh it off.
If you suspect there may be a grain of truth, learn from it.
(Fuller, 1982:186)

The Center for Nursing Research provides an excellent bibliography on grantsmanship. Copies may be obtained by writing:

Office of Grants Inquiries
Division of Research Grants
National Institute of Health
Westwood Building, Room 448
5333 Westbard Ave.
Bethesda, Maryland 20205

SELECTED BIBLIOGRAPHY

Allen, E., 1960. "Why Are Research Grant Applications Disapproved?" Science, 132:1532-1534.

Berthold, J., 1973. "Nursing Research Grant Proposals: What Influences Their Approval or Disapproval in Two National Granting Agencies." Nursing Research, 22:292-299.

Cuca, J., 1983. "NIH Grant Applications for Clinical Research: Reasons for Poor Ratings or Disapproval." Clinical Research, 31:453-463.

Fuller, E., 1982. "The Pink Sheet Syndrome." Nursing Research, 31:155-186.

Gortner, S., 1971. "Research Grant Applications: What They Are Not and Should Be." Nursing Research, 20:292-295.

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FIRST INDEPENDENT SWOG NURSING PROTOCOL

Ryan Iwamoto, RN, MN
Clinical Nurse Specialist
Virginia Mason Clinic

SWOG-8633: Locus of Control, Desire for Control, and Preference for Information in Patients with Cancers of the Head and Neck: A Pilot Study.

The first nurse-generated SWOG protocol is undergoing a pilot study. Darleen W. Mood, Ph.D., Associate Professor at the College of Nursing at Wayne State University, and Jeanne Parzuchowski, M.S., R.N., ENT Clinical Nurse Specialist at Harper Hospital, Detroit, Michigan, are co-investigators.

The Problem: Experience in the clinical setting has shown that patients with head and neck cancers have serious deficits in their ability to complete their planned program of treatment. This observation has been especially noted when multimodality treatment has been planned.

Two approaches to address this problem are:

1. To increase the patient's ability to participate in their own care through a program of intervention;
2. To identify measures to predict, at the onset of treatment, which patients are likely to have difficulty completing their program, and target the interventions appropriately.

This study is a preliminary step in developing both of these approaches.

There are four objectives in conducting this study:

1. To evaluate the feasibility of conducting a multiple institution, psychosocial questionnaire study with head and neck cancer patients;
2. To assess the variability and intercorrelations among the variables of patients' perceived control of their health and cancer, desire for control of health care, and preference for information;
3. To examine the psychometric properties of the instruments designed to measure these variables;

4. To assess the ability of these psychosocial measures to predict the patient's ability to complete treatment programs.

The three psychosocial variables that will be studied are health locus of control, desire for control, and need for information as means of coping with threatening health situations.

Patient Eligibility: Patients with advanced or recurrent squamous cell carcinoma of the head and neck region will be eligible to participate in this study. Patients may also be participants on non-SWOG protocols.

Method: Psychometric tools will be administered prior to initiation of cancer therapy, again in 8-12 weeks, and finally between 11-13 months after completion of the first questionnaire.

Currently, the participants in the study include Ohio State, Wayne State, Michigan, San Antonio, Kansas and Kentucky. This study is exciting because of its implications for patient education and cancer care, and also because it is the first psychosocial nursing study conducted on a national level.

For more information, contact:

Ryan Iwamoto, 223-6801 or
Meredith Dawson, 223-6742. ••

PSONS NEWSLETTER

Published quarterly by the Puget Sound Chapter of the Oncology Nursing Society with the support of the American Cancer Society.
Editors: Kathleen Block and Wendy Durand.

Letters, articles and announcements are requested from all PSONS members and other readers on topics of interest. Neither Puget Sound Chapter of the Oncology Nursing Society, the Oncology Nursing Society, the editorial board of the Quarterly, nor the American Cancer Society assume responsibility for the opinions expressed by authors. Acceptance of advertising does not indicate or imply endorsement by either of the above-stated parties.

Submit materials for publication to Kathleen Block, PSONS Editor, P.O. Box 85058, Seattle, Washington, 98145-1058.

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9TH ANNUAL SYMPOSIUM REPORT

The 9th Annual Symposium, "Framing the Future -- Putting It Together with Style and Substance," was held on February 27 and 28, 1987, at the Olympic Four Seasons. The attendance of over 150 nurses was a high for PSONS and the symposium provided over \$6,000 for the treasury. The annual symposium is PSONS's major source of income.

This year the symposium committee followed recommendations from past evaluations and planned in-depth content on one theme. Joan Kyes presented six hours of content during the two days. She was practical, insightful, humorous and, according to the evaluations, met and surpassed participants' needs and expectations. Many people commented that they left with much information that they could apply immediately to their personal and professional lives. In talking with people since the symposium, people have indeed applied her strategies. I have used two or three consistently and found them most effective. PSONS has purchased her audiotapes and book for circulation among members.

As always, the three round table sessions were rated highly on the evaluations. Because attendance at the symposium was greater than planned, the numbers of people at the round tables had to be greater than 10. Some topics drew even greater numbers. The instructional sessions were conducted by Joan Kyes on stress and burnout and by Jackie Dillman on biological response modifiers. Jackie's presentations had a mixed evaluation.

New to the symposium this year was the McCorkle Lectureship in honor of Ruth McCorkle who was integral in the establishment of PSONS. Ruth had been on faculty at the University of Washington until last year when she moved to the University of Pennsylvania. Jeanne Benoliel was the first lecturer presenting "Transitions and Turning Points: Individual and Collective."

The symposium committee was pleased with this year's program and have noted areas to improve next year. I am greatly appreciative of the evaluations which will be used in planning next year's program. Since next year is our 10th symposium, we expect an extra-special two days. If anyone has suggestions to make, please forward them to me and I will pass them on to the 1988 committee.

Brenda Nevidjon
1987 Symposium Committee Chairperson

PRESIDENT'S REPORT

ANNUAL MEETING 1987

Good Morning -

It occurred to me that today is a very special day in the history of PSONS. First, today marks the culmination of our 9th Annual Symposium. For 9 years members of this organization have devoted time, energy, creativity and self to the realization of the premier Oncology Nursing Conference in the Northwest. This group has consistently pre-empted national in acquiring keynote speakers. For those of you who don't know this, Joan Kyes will be the 1988 ONS Congress keynoter in Pittsburgh. This is an indication of the fact that you have your finger on the pulse of what's happening in Oncology.

Second, today marks the day that we will celebrate our membership's expertise and recognize our own publicly with the First Annual McCorkle Lectureship and the First Annual Awards ceremony. I hope you will also congratulate colleagues who are being recognized today for their leadership roles in this organization for they have done a truly incredible job. The creativity juices have been flowing. Some of us are intrigued with unsuspected hidden talents that have been unveiled by our work. The Symposium Committee, for example, is a 1st class conference planning organization. Our expert treasurer, Elaine Falangus, has discovered financial planning skills. Those of us on the board relied heavily on her understanding of our cash flow which enabled us to grant funds to all standing committees.

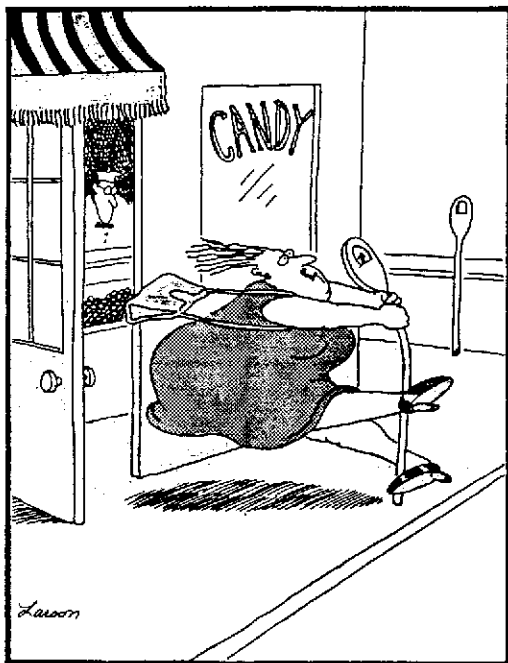
Our organization is at a critical state of change. I firmly believe that the criticism of elitism in this group has been disproved. The committees are strong and active, and accomplishing projects. I sincerely hope that at every symposium we will rededicate our commitment to our chapter. And when we're reeling off our accomplishments over the past year, those of you who have not done so will ask to join a committee and make your mark on our future.

Thirdly, today marks a change in the Board of Directors. It is, in my estimation, a risk/benefit ratio of 10/1 to put one's name up for nomination to run for office in the chapter. What are the risks? First, we are in awe and admiration of the Oncology Nurse "Brain Trust" that is Seattle and its environs. One hates to appear stupid or inept in

front of others. And second, we all have a lot of time on our hands, right?! The committees and the Board spend a lot of time planning and I think this is reflected in all of our endeavors as a chapter. So it is with especial thanks that I want to say "goodbye" to Ann McElroy as she steps down as V.P. Ann, as those of you who know her might guess, lent an ascerbic wit and a sense of accomplishing tasks with minimal wasted motion to the Board meetings. Direct and to the point...you might say. I think Ann kept us honest and to the task at hand when others of us were off on a philosophical tangent.

Finally, I would like to thank Joy Miller and Joann Kowalski for volunteering to run for office. Without this kind of commitment the chapter would surely wither.

As for myself, this day is historical because it marks the beginning of my last year as President of this august body. I'm not tired of the job -- it's been a challenge and a good relationship...you and me...but we will be parting ways. You know our chapter has a precious resource that is being constantly repleted...And that resource is Leadership. So...hone your skills, groom yourself, roll up your sleeves and get ready because next year...it's your turn! ••



9TH ANNUAL BUSINESS MEETING
February 28, 1987
Puget Sound Chapter
Oncology Nursing Society

1. Call to order and welcome by Janet Appelbaum.
2. Minutes of meeting of November 13, 1986 were approved.
3. Treasurer's Report:

Symposium profit	\$ 7,000.00
Budget total	\$ 20,000.00
4. President's Report: The strengths of PSONS:
 - We continue to preempt National in keynote speakers
 - PSONS has finger on pulse of oncology
 - McCorkle lectureship - recognizes our expertise
 - Symposium committee - expert
 - Financial planning by treasurer
 - We are now in a critical state of change: "elitism" has been dispelled; committee membership is increasing
 - Committee and Board - large commitment
 - Thank you to Ann McElroy
 - Beginning of Janet's last year as President
5. Reports of Standing Committees:
 - a. Research Committee:

Petra Grevstad, Chair
New committee in 1986. Met goals - monthly meetings - education of members.

Two projects:

 1. Look at ~~own~~ group process-for publication
 2. Research project to benefit chapter-to start this year
 - b. Legislative Committee:

Patty Jordan, Chair
New committee in 1986.

 - Looking at issues on state and national level
 - Wrote to all new legislators this year describing PSONS with 25 responses
 - Smokeless tobacco in teens - PSONS may join the national committee's efforts
 - c. Symposium Committee:

Brenda Navidjon, Chair

 - Symposium major revenue source
 - 145 registrants - both days
 - 15 Friday only
 - 4 Saturday only
 - 3 Bio Response modifier only
 - Apology to those not getting brochure on time

- Committee acknowledged
- Next year - February 26 and 27 in 1988, at the Olympic Four Seasons.
- d. Public Relations:
 - Renee Miles, Co-Chair
 - Goal for 1988 - Oncology Nurse Day in conjunction with our symposium
 - PR - T-shirts, buttons
- e. Membership:
 - Sue Ford, Co-Chair
 - Goal - promote membership - public relations broke off to separate committee
 - Logo developed
 - Membership brochure finished
 - 169 members in July
 - 300+ members in February - many staff nurses
 - New membership form developed
 - Liaison system developed
- f. Newsletter:
 - Kathy Block, Chair
 - Thanks to Ryan Iwamoto - Editor Emeritus
 - Continue with theme issues. Next 2 themes are:
 - Cancer control
 - Grief and bereavement
 - Other themes being considered:
 - Ethics and cancer nursing
 - Sexuality
 - Pain control
 - Pediatrics
 - Geriatrics
 - Outpatient cancer nurse
 - Want to pursue outside funding, i.e., drug companies. Newsletter costs \$600 to \$700 per issue.
- g. Program Committee
 - Gail Bireline, Chair 1986 programs
 - Flyers have been sent to liaison people before each program
 - \$5 non-member fee was initiated at programs.
- h. ONS Video - Ellie Brasher
 - 16 hospitals received tapes
 - possibly videotape our programs - referred to PR committee
- i. ONF - Judy Kornell
 - selling notecards for ONF - \$7.00 a box
 - Pearl Moore award - will be given to clinician to further her education - small monetary award, less than \$500
- j. Historian - Liz White
 - group pictures needed
 - scrapbook - needs photos of nurses in own work settings and committee meetings.
- national also needs pictures of nurses
- k. By-laws - Ann McElroy
 - no changes for this chapter
 - ONS - Forum article on what's happening on national level - lots of attention this year in Denver. Especially "hot item" at national is whether to open membership to "Associate member" i.e. non-RN's.
- l. Nominating - Teresa Coluccio
 - Results of election:
 - Joy Miller - VP
 - Elaine Falangus - Treasurer
- 6. Awards Ceremony
 - a. Ann McElroy recognized by Janet Appelbaum
 - b. Excellence in writing chosen by 14 judges and presented by Ryan Iwamoto, Kathy Block and Wendy Rose-Durand
 - c. Award to Ryan Iwamoto: Brenda Navidjon - editorial testimonial letter to Ryan from Sue Baird - excerpts were read. Forum will be offering Chapter newsletter award - Ryan has submitted our application.
 - d. Committee Chairs were all recognized and received a box of ONF notecards.
- 7. Old Business: None
- 8. New Business:
 - a. How does ONS choose sites for certification exam?
 - b. Also our chapter should encourage ONS to have Congress in Seattle
 - c. ONS national committee reports
 - 1. Kathy Finstuen - Clinical Practice Committee -- revising clinical practice guidelines
 - 2. Betty Gallucci - Research Committee - chose 4 abstracts for Congress out of 300 originally submitted.
 - 3. Patty Mulhern - Resolutions & Legislations Committee - asked to support 5 bills - smoking cessations.
 - 4. Brenda Nevidjon - do you like new format of Forum? - Newsletter - new - comes out once a month.
 - 5. Janet Appelbaum, Chapter Committee
 - Western conference highlighted in Forum
 - Mentorship conferences

continued on page 8

PUGET SOUND CHAPTER OF THE
ONCOLOGY NURSING SOCIETY

PSONS BUSINESS MEETING
April 16, 1987

Chapter Board of Directors

President Janet Schwarz-Appelbaum
W-326-4000 H-524-1470
Vice-President Joy Miller
W-454-4011 H-329-4411
Secretary Rosemary Ford
W-467-4378
Treasurer Elaine Falangus
H-882-0535

Chapter Committee Chairpersons

Annual PS-ONS Symposium Brenda Nevidjon
Bylaws Ann McElroy
Historian Elizabeth White
Nominating Ann McElroy
Nurse-to-Nurse Network to be determined
ONS Videotape Ellie Brasher
Membership Louise Schilter
Public Relations Susan Ford
Quarterly Meeting Programs Gail Bireline
Quarterly Newsletter Kathleen Block
Wendy Durand
Research Patra Grevstad
Mel Haborman, Consultant

ONS National Committees

Chapters Janet Schwarz-Appelbaum,
Member
Clinical Practice Katherine Finstuen,
Member
Beverly Vincent
Corresponding Member
Oncology Nursing Certification Corporation,
Appeals Committee: Ann McElroy,
Member
Research Betty Gallucci, Member
Resolutions and Legislation Patricia Mulhern,
Committee Chairperson



Attendance: 29

- I. Meeting called to order 8:30 p.m.
- II. Welcome by Janet Appelbaum and introduction of chapter members.
- III. Business Meeting Minutes of 2/28 were approved.
- IV. Treasurer's report: \$12,650.
- V. President's Report
 - a. ONS Bylaws Tape played-outlining the changes proposed for approval by membership in Denver in May at the Annual Business Meeting.
 - b. Re: Discussion during Annual Business Meeting in Denver --don't identify yourself as from this chapter or you will block other members from speaking on that topic. E.g.: Identify yourself as "Janet Appelbaum from Seattle" NOT "Janet Appelbaum from Puget Sound Chapter, ONS."
- VI. a. VP Report - Joy Miller was sent to mentor workshop in San Francisco 3/27 and 28. Won Trivial Pursuit game on ONS bylaws. Prize was book on Roberts Rules of Order.
b. Joy's phone No. 329-4411 (new answering machine for PSONS Hotline).
- VII. Committee reports were tabled since complete reports were given in February.
- VIII. Announcements:

Regarding ONS Congress

 1. All ONS meetings are non-smoking.
 2. New National administrative meeting -- Jill Warnes at Mason Clinic is a corresponding member.
 3. People needed to man ONS exhibit at Congress.
 4. Adria having breakfast for office nurses.
 5. Friday night is Adria's party.
 6. Friday afternoon instructional session on how to obtain ONS Contact Hour approval. Someone from Planning Committee should go.
 7. Pharmacia party Thursday, May 7 at Radisson.
 8. Bristol party opening night - need invite.
 9. Go to chapter tea Friday 1630 - 1800.

Other Announcements

 10. Make chapter donation to ONF through our chapter.

11. ACS - Free program on Nutrition and Cancer - Queen Anne Baptist Church, April 29.
12. ACW -- 2nd National Conference on Cancer Prevention and Detection at Westin -- June 25-27. ACS interested in having a reception at this conference to network. PSONS will co-sponsor.
13. Adria approached us to develop an educational program with them on chemotherapy, specifically Adriamycin. We could get national PR. Anyone interested, call hot line - Will result in a monograph - Videotape conference - No time line yet.
14. Chapter's committee will get together before Congress.
15. Cards and no smoking pins are for sale.

WELCOME TO NEW MEMBERS OF
Puget Sound Chapter of the
ONCOLOGY NURSING SOCIETY

BRITISH COLUMBIA

- Leslie Bradley, Vancouver, BC (CCABC)
- Barbara Warren, Vancouver, BC (CCABC)

UNITED STATES

ALASKA

- Sally Bowers, Juneau, AK

OREGON

- Cindy Van Valkenburgh, Portland, OR

WASHINGTON

Bellevue

- Teri Lyman
- Margaret Reil, Overlake
- June Roling, Overlake

Bothell

- Linda Hohengarten

Bremerton

- Kay Buitenveld, Harrison Memorial
- Cheryl Chapman

Everett

- Debra Prohaska, Providence
- Mary McGregor

Issaquah

- Ernestine Allen

Kirkland

- Anita Hall
- Margaret Rider

Olympia

- Peggy Troller

NEW MEMBERS - Continued

Seattle

- Laurie Hess, Providence
- Diane McDonald, Highline Community
- Elaine McMinn, Swedish TI
- Kathleen Mulvaney, VA
- Jan Resler, Highline Community
- Judith Young, Providence
- Irene Karlsen, Swedish
- Mary Purvis
- Somchanh Lim, University
- Marlene McCulloch, GHC
- Sandra Blindheim, VA
- Dee Lien, Community Home Health
- Eileen Louws, Highline Community
- Ellen Johnson, Swedish
- Janet von Talge, Swedish
- Shannon Greenburg, Swedish TI
- Shirley Wagner, Virginia Mason
- Kristine Bressler
- Sandle Dahl, VNS
- Ann Fugure
- Judy Hanada, University Hospital
- Glee Jones, Community Home Health
- Eileen Quigley
- Joyce Zerwekh, UW
- Liliya Tushinski
- Karen Iverson, FHCRC
- Virginia Suppers, Neo R_x Corp.
- Susan Johnson, Neo R_x Corp.
- Deborah Foisie, Neo R_x Corp.

Spokane

- Anna Quincy

Tacoma

- Suzanne Smithson, St. Joseph
- Jude Sales

Wenatchee

- June Lucas, Wenatchee Valley Clinic

Woodinville

- Adrienne Buyagawan

* * * * *

We are looking for some "Lost Members." If you know of their whereabouts, please have them contact Sue Ford (Membership Committee) via the PSONS Hotline or via mail to PSONS, P.O. Box 85058, Seattle, WA 98145-1058 (give Susan updated address and Telephone No.):

Laura Everett
Myrna Kirkwood
Mary Knight
Mary Tonsmeire
Janelle Kendrick

UPCOMING WORKSHOPS, LECTURES
AND PRESENTATIONS

New Directions in Cognitive Therapy

Sponsored by: The Centers for Cognitive
Therapy (Seattle and Philadelphia)
May 30, 1987
Kane Hall (120); University of Washington
\$90.00 (Students: \$35.00) CEUs pending
Contact: (206) 328-0910
Center for Cognitive Therapy of Seattle
2200 24th Avenue East
Seattle, WA 98112

Sino-American Conference: The Challenge of
Cancer Nursing

Sponsored by: Professional Seminar Consul-
tants, Inc.
May 29 - June 11, 1987
People's Republic of China
\$2289.00 35 CEUs
Contact: (516) 536-7292
Professional Seminar Consultants, Inc.
3194 Lawson Blvd;
Oceanside, New York 11572

ACS 2nd National Conference:
Cancer Prevention and Detection

Sponsored by: American Cancer Society
June 25-27, 1987
Westin Hotel, Seattle, Washington
\$100 (nurses-before 6/15)
Students Free of charge.
After 6/15/87: Nurses \$150.00
CEUs pending
Contact: (212) 973-8604
American Cancer Society
Professional Education Department
90 Park Avenue
Manhattan, NY 10016

Theory and Research-Based Psychosocial
Nursing Practice

Sponsored by: Department of Psychosocial
Nursing, University of
Washington
July 30-31, 1987
Meany Tower Hotel; Seattle, WA
\$155.00 before 7/13 (\$175.00 after 7/13/87)
14 CEUs
Contact: (206) 543-1047
Continuing Nursing Education, SC-72
University of Washington
Seattle, WA 98195

Hospice Study Seminar in Britain

Sponsored by: Hospice Education Institute
July 5 - 17, 1987
London, England
\$1550.00 (excluding transportation)
CEUs: contact seminar chairman in advance
Contact: 1-800-331-1620
Hospice Education Institute
P.O. Box 713, Five Essex Square
Essex, Connecticut 06426

Soviet-American Seminar: Teaching and
Management Components of Nursing Diabetic
and Pulmonary Cancer Patients

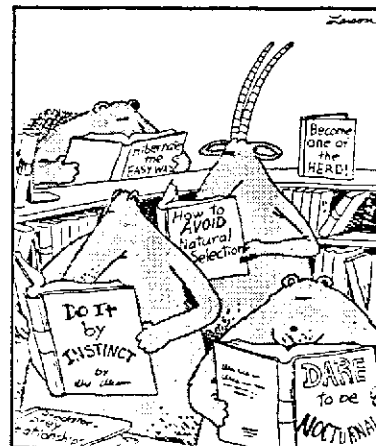
Sponsored by: Professional Consultants, Inc.
August 30-September 14, 1987
USSR
\$1789 (excluding flight to New York)
(entire cost from New York)
35 CEUs
Contact: (516) 536-7292
Professional Seminar Consultants, Inc.
3194 Lawson Blvd.
Oceanside, NY 11572

Upcoming courses at the University of
Washington include:

Selected Topics in Parent and Child Nursing:
Working with Adolescents -
June 26, 1987.
Psychosocial Research Conference -
July 30-31, 1987.
Troubled Beginnings -
August 6-7, 1987
For more information contact: (206) 543-1047
Continuing Nursing Education
SC-72
University of Washington
Seattle, WA 98195

Independent Study Courses in Health
available through the University of
Washington include:

Nutrition Concerns of Women
(\$85.00; 10 contact hours)
For more information contact:
Continuing Nursing Education
SC-72
University of Washington
Seattle, WA 98195



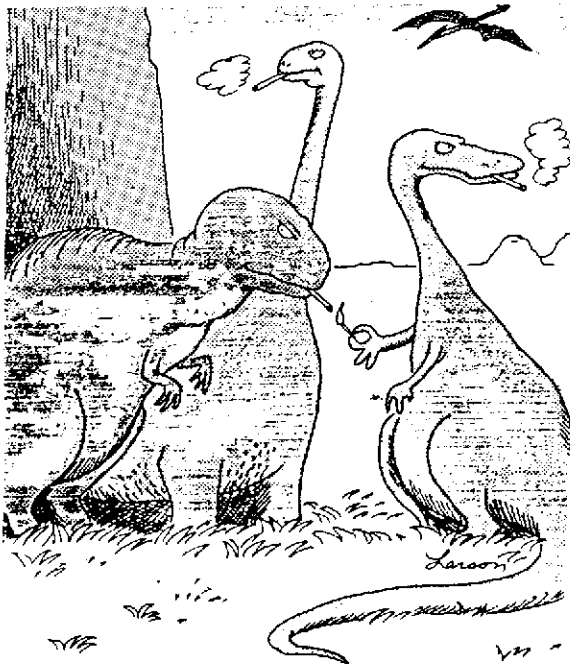
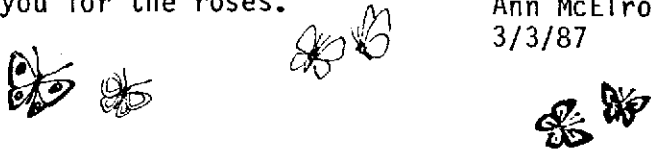
In the animal self-help section

TO THE PSONS MEMBERSHIP:

I was so surprised to receive the beautiful bouquet of roses that I was speechless at the Annual Business meeting. So I want to thank you all in print. I would like to say that I have enjoyed my tenure as Vice President due mainly to the fact that the other Board members worked so well together. There was always a large agenda to attend to at our meetings, but the work was completed quickly and for the most part in an enjoyable manner.

PSONS is fortunate to have Janet Schwarz Appelbaum as its President. She is truly a leader and a visionary. Rosemary Ford, who replaced Teresa Coluccio as Secretary, is a tireless worker, organized and always cheerful. Elaine Falangus, who has raised the Chapter Treasurer position to one of Financial Accountant, replaced Ann Reiner. All of these women have contributed many hours and much energy to make PSONS a strong and viable Chapter. I congratulate Joy Miller on her new position as Vice President of PSONS. I believe our Chapter is one of the strongest - in number, talent, and clinical expertise - in the nation and I am proud to have served as a member of the Board of PSONS. Again, thank you for the roses.

Ann McElroy
3/3/87

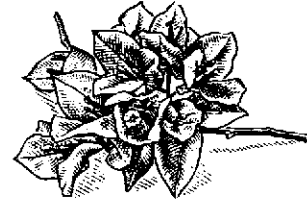


The real reason dinosaurs became extinct.

A BIG THANK-YOU:

To Jeanne Moyer for her Donation to PSONS AND ONF!!!

(If you wish to make donations to ONF please send it through the local chapter - there's a section on the membership application - in order to benefit PSONS)



PUGET SOUND CHAPTER HOTLINE!

PSONS has a telephone answering machine. For questions, concerns and comments regarding Chapter activities, please call:

(206) 329-4411

Leave your message, name, telephone number and best times to reach you, on the tape recording.

FUTURE NEWSLETTERS

The topics for the next two issues are listed below in addition to the guest editors for those issues and the deadline for submission of articles. Please feel free to contribute articles, comments, suggestions, etc. to your newsletter. If you would like to be a guest editor or have a particular topic you would like to see appear in the newsletter, let me know.

Submit materials for publication to:

Kathleen Block
PSONS Editor
P.O. Box 85058
Seattle, Washington 98145-1058

Late Summer Issue: GRIEF AND BEREAVEMENT

Guest Editor: Louise Granger

Deadline for submission of articles:
July 10, 1987.

Autumn Issue: ETHICS IN CANCER NURSING

Guest Editor: Jeanne Benoliel

Deadline for submission of articles:
September 11, 1987

PROFESSIONAL INFORMATION

Employment Status (Check only one):

- Full time
- Part time
- Unemployed

Primary Position (Check only one):

- 1 Staff Nurse
- 4 Head Nurse
- 7 Clinician
- 2 Nurse Practitioner
- 5 Clinical Nurse Specialist
- 8 Educator
- 3 Supervisor
- 6 Director/Assistant Director
- 10 Researcher
- 11 Consultant
- 9 Other _____
Please specify

Primary Area of Practice (Check only one):

- Chemotherapy
- Immunotherapy
- Hematology/Oncology
- Radiation Oncology
- Surgical Oncology
- GYN Oncology
- Head and Neck Oncology
- Other _____
Please specify

MEMBERSHIP CATEGORIES - Membership extends for one year from the date of receipt of the completed application and payment. As part of your dues, you will receive an annual subscription to the *Oncology Nursing Forum*, the official publication of the Oncology Nursing Society. This subscription is valued at 50% of the regular subscription price to individuals. Dues also include an annual subscription to the *ONS News*.

- \$_____ \$53.00 (U.S. Dollars) - active membership - only registered nurses are eligible.
- \$_____ \$95.00 (U.S. Dollars) - two-year reduced rate - active membership - only registered nurses are eligible
- \$_____ \$26.50 (U.S. Dollars) - student membership - only full time students are eligible.
- \$_____ \$2.00 or \$_____ - optional - suggested tax-deductible contribution to support the Oncology Nursing Foundation scholarship, research and public education programs
Designation: Scholarship Research Public Education

METHOD OF PAYMENT - I have enclosed a check or money order in the amount of \$_____. Please make check payable to **Oncology Nursing Society**. Non-U.S. residents, please state "U.S. Funds" on your check.

VISA MASTERCARD CARD NO. _____ CARD EXP. DATE _____
_____ Name as it appears on credit card.

Signature

Date of Application

Primary Functional Area (Check only one):

- Administration
- Education
- Research
- Patient Care
- Other _____
Please Specify

Primary practice setting (Check only one):

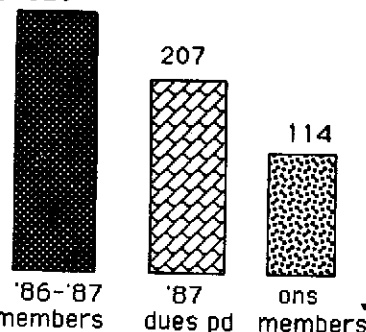
- Hospital
- Outpatient/Ambulatory Care Clinic
- Public Health/Community Nursing
- Hospice
- Home Care
- School of Nursing
- Private/Group Practice
- Physician's Office
- Other _____
Please specify

Patient Population (Check only one):

- None
- Adult
- Pediatric
- Both

PSONS MEMBERSHIP ³²⁰

(for you:)



Membership Application

PUGET SOUND CHAPTER ONCOLOGY NURSING SOCIETY

P.O. Box 85058 • Seattle, Washington 98145-1058

Employment: Full Time _____ Part Time _____ Unemployed _____
 Highest Degree: Diploma _____ Associate _____ Bachelors _____ Masters _____ Doctorate _____
 Functional Area: Patient Care _____ Administrative _____ Research _____ Education _____
 Specialty: Chemo _____ Radia _____ Surg _____ Immuno _____ Home care _____ Other _____
 Patient Population: Adult _____ Pediatrics _____
 Total years in Nursing _____ in Oncology _____

NEW RENEWAL
 ONS Membership Number _____ Expiration Date _____
 I give permission to be included in PSONS membership directory.
 Credentials _____

Last Name _____ First _____ Middle _____

Preferred Mailing Address:

Street _____
 City _____
 State _____ Zip _____

Business Address (if different)

Institution _____
 Address _____
 Address _____
 Street _____
 City _____ State _____ Zip _____
 Phone (H) _____ (W) _____
 _____ DUES \$15.00
 _____ DONATION _____ to PSONS Local Chapter _____ to ONF
 _____ TOTAL SUBMITTED

MEMBERSHIP APPLICATION

Dues are \$15.00 (in U.S. dollars) per year and must accompany this application. Membership runs from January 1 to December 31. Send your check or money order made payable to PS-ONS to the above address. No partial payments are accepted during the year.

(for a friend:)

Membership Application

PUGET SOUND CHAPTER ONCOLOGY NURSING SOCIETY

P.O. Box 85058 • Seattle, Washington 98145-1058

Employment: Full Time _____ Part Time _____ Unemployed _____
 Highest Degree: Diploma _____ Associate _____ Bachelors _____ Masters _____ Doctorate _____
 Functional Area: Patient Care _____ Administrative _____ Research _____ Education _____
 Specialty: Chemo _____ Radia _____ Surg _____ Immuno _____ Home care _____ Other _____
 Patient Population: Adult _____ Pediatrics _____
 Total years in Nursing _____ in Oncology _____

NEW RENEWAL
 ONS Membership Number _____ Expiration Date _____
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Last Name _____ First _____ Middle _____

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Street _____
 City _____
 State _____ Zip _____

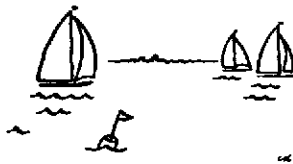
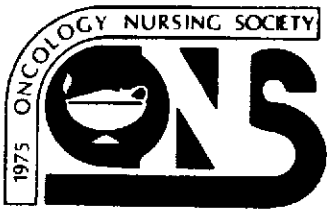
Business Address (if different)

Institution _____
 Address _____
 Address _____
 Street _____
 City _____ State _____ Zip _____
 Phone (H) _____ (W) _____
 _____ DUES \$15.00
 _____ DONATION _____ to PSONS Local Chapter _____ to ONF
 _____ TOTAL SUBMITTED

MEMBERSHIP APPLICATION

Dues are \$15.00 (in U.S. dollars) per year and must accompany this application. Membership runs from January 1 to December 31. Send your check or money order made payable to PS-ONS to the above address. No partial payments are accepted during the year.

American Cancer Society
Washington Division, Inc.
2120 - First Avenue North
Seattle, Wa 98109



**PSONS
QUARTERLY**

