

Professional Practice: Nursing as a Career, not a Job

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Objective: At the end of this course, the participant will be inspired to think about his/her contribution to the field of nursing

- I. Lifelong Learning
 - A. Institute of Medicine 2010 recommendations
 - B. Evidence-based Practice
 - C. Achieving the use of evidence
- II. Healthy work environment for nurses
 - A. Professional growth
 - B. Continuing Education
 - C. Adopting evidence-based practices
 - D. Culture of Safety
 - E. Emotional intelligence and Self-compassion
 - F. Certification
 - G. Higher education
 1. Advanced nursing degrees recognized by the National Council of State Boards of Nursing:
 - Advanced Practice Registered Nurse (APRN)
 - Nurse Anesthetist (CRNA)
 - Nurse Midwife (CNM)
 - Nurse Practitioner (NP)
 - Clinical Nurse Specialist (CNS)
 - 1. Doctor of Nursing Practice (DNP)
- H. Publication

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List of Values

	Ethics	Kindness	Self-discipline
Accountability	Excellence	Knowledge	
Achievement	Fairness	Leadership	Self-expression
Adaptability	Faith	Learning	Self-respect
Adventure	Family	Legacy	Serenity
Altruism	Financial stability	Leisure	Service
Ambition	Forgiveness	Love	Simplicity
Authenticity	Freedom	Loyalty	Spirituality
Balance	Friendship	Making a difference	Sportsmanship
Beauty	Fun	Openness	Stewardship
Being the best	Future generations	Optimism	Success
Belonging	Generosity	Order	Time
Career	Giving back	Nature	Teamwork
Caring	Grace	Parenting	Thrift
Collaboration	Gratitude	Patriotism	Tradition
Commitment	Growth	Patience	Travel
Community	Harmony	Peace	Trust
Compassion	Health	Perseverance	Truth
Competence	Home	Personal fulfillment	Understanding
Confidence	Honesty	Power	Uniqueness
Connection	Hope	Pride	Usefulness
Contentment	Humility	Recognition	Vision
Contribution	Humor	Reliability	Vulnerability
Cooperation	Inclusion	Respect	Wealth
Courage	Independence	Resourcefulness	Well-being
Creativity	Integrity	Responsibility	Wholeheartedness
Dignity	Initiative	Risk-taking	Wisdom
Diversity	Intuition	Safety	Write your own: _____
Environment	Job security	Security	_____
Efficiency	Joy	Self-compassion	
Equality	Justice		