

## How To Become a Donor

- **Criteria:**
  - Between the ages of 18 and 60
  - In good general health
    - May not be eligible if COPD, sleep apnea, history of cancer other than local skin cancer or cured in situ breast, bladder or cervical cancer, Hepatitis B or C, chronic kidney disease
    - Heart disease is evaluated on an individual basis
  - Willing to donate if you are a match
  
- **Process:**
  - Workup done through PSBC
    - Complete a brief health history
    - Consent to have your tissue type listed on the registry until your 61st birthday
    - Provide a small blood sample or buccal swab
    - Pay \$100 fee for typing (waived for minority donors)
  - OR, donate cord blood after delivery at UWMC, Swedish or Overlake, Evergreen, Madigan
    - Contact PSBC 3 or more weeks prior to delivery and complete enrollment packet
    - On arrival for delivery, inform delivery nurse of enrollment
    - Sign consent for donation while at hospital to be sent with cord blood to PSBC